

NINJA STASH

Congratulations, you've found a NINJAstash!

Ninjas hide equipment and treasure, as part of their stealthy (and healthy) martial arts practices.

You can earn points called Ninja Stars by completing the Ninja Challenges on the other secret pages. This is great training for Black Belt, and can help you gain new habits for a healthy lifestyle. ...and become a Ninja! (but that's a secret)

To learn more about these Ninjacaches, visit Master LeMat's website at andrewleemat.com

People also hide similar treasures all over the world, which are called Geocaches. You can find them using a geocaching app, which gives the GPS map coordinates of the treasures.

The only rules are:

1. If you take something from the cache, you have to leave something for the cache
2. Write about your visit in the logbook.

IF YOU FOUND THIS CONTAINER BY ACCIDENT:

Great! You are welcome to join us! We ask only that you:

- Please do not move or vandalize the container. The real treasure is just finding the container and sharing your thoughts with everyone else who finds it.
- If you wish, go ahead and take something. But please also leave something of your own for others to find, and write your name in the logbook.
- If possible, let us know that you found it, by visiting Master LeMat's website at www.andrewleemat.com